



farm 215 fynbos reserve

african horse company

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OVERBERG HORSE TRAILS | 5 DAY ITINERARY

5 days – 6 nights

Day 0 : **Arrival at Farm215 early afternoon**

Day 1: Farm215 to Baviaansfontyn- (Bodhi Khaya) | 3-4 hours

A shortish day through the fynbos mountains along the Kraaibosch dam, through lower valley a large valley filled with fynbos and indigenous forests and a Unesco supported project for sustainable fynbos harvesting and education.

Day2 : Baviaansfontyn Meander.Overnight on Bodhi khaya | 2-3 hours

This ride is a circular route around Baviaansfontyn. Includes walking along mountain streams, passing by and through Milkwood and Afro-montane forest on the way to climbing Mount Dyer for breathtaking views of the ocean. Ride can be done morning or afternoon.

Rest of the day is spent lounging, reading and eating in the wonderful valley of Bodhi Khaya. Or treat yourself to a massage or Shiatsu. Here there is no mobile phone reception and the stillness is all encompassing.

Day 3: Baviaansfontyn to Stanford River Lodge | 5 hours

We will pass through Grootbos Fynbos Nature Reserve, famous as a botanical hot-spot. Before we reach De Kelders (Gansbaai - a fishing village) we will head west through the coastal shrubland and traverse the vast magical almost surreal sand drifts (Grys Dunes) of die Plaat. The mysterious landscape will give way to the beach

We ride through the Walker Bay Nature Reserve to the unspoilt white beaches of the Walker Bay whale sanctuary. This is arguably the best land based area in the world to watch Southern Right whales (whale watching capital of the world from June to December – whales and their calves often come within metres of the coastline). Admire these magnificent creatures and their 'aquabatic' displays, splashing, crashing and blowing, breaching, lobtailing, spyhopping and sailing close to shore.

Enjoy the long, sandy beaches and experience the thrill of beach gallops. Halfway to Hermanus, we turn into the Dunes and head for the Kleinriver and the oasis of Stanford. We sleep at Stanford River Lodge with time to swim and canoe in the river.

Day 4: Beach ride to lagoon mouth | 3-4 hours

A day of some leisure. Fast half day ride coming back to laze on the rivers edge , eat and replenish.

Day 5: Stanford River lodge to Farm215 | 6-7 hours

This is the long day. A full 35km takes us back along the beach , through dunes and over 2 mountain ranges. Arriving back at Farm215 we ease the aches with comfort, good food and drink.